

Dougherty Academy

First Grade 36-Week School Plan

Quarter 1 (Weeks 1–9): Building Foundations

- Reading & Writing: Review of phonics, sight words, sentence building, and story sequencing.
- Math: Counting to 120, addition/subtraction to 20, shapes, and comparing numbers.
- Science: Weather, plants, and animal habitats.
- Social Studies: Community helpers, rules, and national symbols.
- Art: Drawing with shapes, color mixing, and seasonal crafts.
- Music: Beat, rhythm, and simple songs.
- Ballet: Posture, basic steps, and classroom movement games.
- Music Theory: Identifying notes and rhythm patterns.
- Piano: Finger placement, 5-finger scales, and simple melodies.
- Violin / Viola: Posture, bowing, and open-string songs.
- Spanish: Greetings, colors, numbers 1–20.
- ASL: Alphabet and classroom signs.
- Religion: Creation, gratitude, and prayer.
- Character Education: Respect, friendship, and responsibility.
- P.E. & Golf: Balance, motor coordination, and golf basics.
- Gardening / Homesteading: Seed planting, observing growth.
- Cooking: Kitchen safety and simple snack prep.
- Technology: Basic typing and safe internet use.

Quarter 2 (Weeks 10–18): Developing Confidence

- Reading & Writing: Story retelling, grammar practice, and creative writing.
- Math: Place value, addition and subtraction to 100, and time.
- Science: Seasons, weather experiments, and living vs. nonliving things.
- Social Studies: Geography and community maps.
- Art: Collage, pattern, and symmetry projects.
- Music: Singing in rhythm, using instruments.
- Ballet & Piano: Coordination, rhythm, and short practice pieces.
- Music Theory: Learning note values and dynamics.
- Spanish: Days of week, classroom vocabulary.
- ASL: Colors, family, and emotion signs.
- Religion: Bible stories on kindness and faith.
- Character Education: Patience and perseverance.
- P.E. & Golf: Throwing, catching, and teamwork.
- Gardening / Homesteading: Growing herbs, caring for plants.
- Cooking: Measuring and following simple recipes.
- Technology: Learning programs and creative drawing.

Quarter 3 (Weeks 19–27): Exploration & Creativity

- Reading & Writing: Comprehension, story summaries, and reports.
- Math: Introduction to fractions, simple geometry, and money.

- Science: Earth, recycling, and weather patterns.
- Social Studies: U.S. symbols and famous Americans.
- Art: Painting, shading, and portrait art.
- Music: Reading notes, rhythm clapping.
- Ballet & Music Theory: Rhythm, performance prep, and dynamics.
- Piano & Violin: Reading notes, playing short songs.
- Spanish: Animals and sentences.
- ASL: Phrases and everyday signs.
- Religion: Parables and good deeds.
- Character Education: Honesty and teamwork.
- P.E. & Golf: Endurance, skill games, and sportsmanship.
- Gardening / Homesteading: Composting and garden journaling.
- Cooking: Baking basics and nutrition lessons.
- Technology: Learning presentations and storytelling apps.

Quarter 4 (Weeks 28–36): Mastery & Expression

- Reading & Writing: Independent reading, book reports, and creative storytelling.
- Math: Review, problem-solving, and measurement.
- Science: Life cycles and space.
- Social Studies: Cultures, diversity, and helping the community.
- Art: Year-end projects and portfolios.
- Music: Singing and rhythm performance.
- Ballet & Music Theory: Mini recital preparation.
- Piano & Violin: Final performance pieces.
- Spanish & ASL: Conversation and review.
- Religion: Reflection, gratitude, and service.
- Character Education: Leadership and kindness.
- P.E. & Golf: Skill review and mini tournament.
- Gardening / Homesteading: Harvesting and sustainability.
- Cooking: Preparing final dish and celebration.
- Technology: End-of-year project presentation.

End-of-Year Reflection

By Week 36, first graders have developed confidence, curiosity, and a love for learning. They've strengthened academic foundations while growing in creativity, character, and faith. Each student finishes the year ready for the exciting challenges of second grade — joyful, capable, and kind.